May 21, 2020

The Honorable Nancy Pelosi  
Speaker of the House  
U.S. House of Representatives  
The Capitol, H-232  
Washington, DC 20515

The Honorable Mitch McConnell  
Majority Leader  
U.S. Senate  
The Capitol, S-230  
Washington, DC 20515

Dear Speaker Pelosi and Majority Leader McConnell:

It is no surprise that during these tumultuous times, mental health and addiction have increasingly become a concern. Between behavioral health facilities and providers limiting in-person treatments, patients not wishing to leave home, and the social, economic and health stresses of the pandemic weighing on many, ensuring access to mental health and addiction care is of the utmost importance. We are therefore writing to urge Congress to expand behavioral telehealth services in any upcoming COVID-19 response packages for a reasonable transition period following the COVID-19 emergency period to collect appropriate data to provide an adequate amount of time to determine which of those flexibilities should be continued permanently.

Telehealth is proving to be an extremely successful approach in ensuring that patients are receiving mental health and addiction care during this trying and unprecedented time, and we applaud the Centers for Medicare and Medicaid Services (CMS) for expanding behavioral telehealth flexibilities, and ultimately increasing access to these essential services. In particular, we are grateful that CMS is providing broader coverage of behavioral telehealth services, which has helped expand access to many individuals in rural and medically underserved areas, and allowed individuals to receive these services in their home.

Furthermore, CMS announced that audio-only telephone communications would be considered a reimbursed telehealth service for behavioral health care. We have heard from constituents and providers how important this flexibility is for individuals living in areas with poor internet connectivity, or those who do not have access to video telecommunication devices for care.

Without regular access to behavioral health services, we are concerned that thousands of individuals will be seeking emergency care, with many turning to substance misuse or suicide risks. Telehealth is proving to be a successful means in bridging this gap of care, and it is critical that once the COVID-19 pandemic subsides, access to behavioral health services does not.

Sincerely,

Tom Emmer  
Member of Congress

Paul D. Tonko  
Member of Congress
Tony Cárdenas  
Member of Congress

Ted Budd  
Member of Congress

Bradley Byrne  
Member of Congress

Ted Deutch  
Member of Congress

Brian Fitzpatrick  
Member of Congress

Jim Hagedorn  
Member of Congress

Andy Harris, M.D.  
Member of Congress

Vicky Hartzler  
Member of Congress

Dusty Johnson  
Member of Congress

John Katko  
Member of Congress

Steve King  
Member of Congress

Ann McLane Kuster  
Member of Congress
Alan Lowenthal
Member of Congress

Roger Marshall, M.D.
Member of Congress

Michael T. McCaul
Member of Congress

Betty McCollum
Member of Congress

David B. McKinley, P.E.
Member of Congress

Grace F. Napolitano
Member of Congress

Lisa Blunt Rochester
Member of Congress

Tim Ryan
Member of Congress

Kim Schrier, M.D.
Member of Congress

David Schweikert
Member of Congress

Jason Smith
Member of Congress

Darren Soto
Member of Congress
Pete Stauber  
Member of Congress  

Bryan Steil  
Member of Congress  

Chris Stewart  
Member of Congress  

Steve Stivers  
Member of Congress  

David Trone  
Member of Congress  

Susan Wild  
Member of Congress  

Jerry McNerney  
Member of Congress