

## **Congress of the United States** House of Representatives Mashington, DC 20515

May 21, 2020

The Honorable Nancy Pelosi Speaker of the House U.S. House of Representatives The Capitol, H-232 Washington, DC 20515 The Honorable Mitch McConnell Majority Leader U.S. Senate The Capitol, S-230 Washington, DC 20515

Dear Speaker Pelosi and Majority Leader McConnell:

It is no surprise that during these tumultuous times, mental health and addiction have increasingly become a concern. Between behavioral health facilities and providers limiting in-person treatments, patients not wishing to leave home, and the social, economic and health stresses of the pandemic weighing on many, ensuring access to mental health and addiction care is of the utmost importance. We are therefore writing to urge Congress to expand behavioral telehealth services in any upcoming COVID-19 response packages for a reasonable transition period following the COVID-19 emergency period to collect appropriate data to provide an adequate amount of time to determine which of those flexibilities should be continued permanently.

Telehealth is proving to be an extremely successful approach in ensuring that patients are receiving mental health and addiction care during this trying and unprecedented time, and we applaud the Centers for Medicare and Medicaid Services (CMS) for expanding behavioral telehealth flexibilities, and ultimately increasing access to these essential services. In particular, we are grateful that CMS is providing broader coverage of behavioral telehealth services, which has helped expand access to many individuals in rural and medically underserved areas, and allowed individuals to receive these services in their home.

Furthermore, CMS announced that audio-only telephone communications would be considered a reimbursed telehealth service for behavioral health care. We have heard from constituents and providers how important this flexibility is for individuals living in areas with poor internet connectivity, or those who do not have access to video telecommunication devices for care.

Without regular access to behavioral health services, we are concerned that thousands of individuals will be seeking emergency care, with many turning to substance misuse or suicide risks. Telehealth is proving to be a successful means in bridging this gap of care, and it is critical that once the COVID-19 pandemic subsides, access to behavioral health services does not.

Sincerely,

Tom Emmer Member of Congress

Pauls tonles

Paul D. Tonko Member of Congress

Tony Cardenas

Tony Cárdenas Member of Congress

Bradley Byrne Member of Congress

Brian Fitzpatrick Member of Congress

Hau M.D.

Andy Harris, M.D. Member of Congress

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Dusty Johnson Member of Congress

Steve King

Steve King Member of Congress

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Ted Budd Member of Congress

Ted Deutch Member of Congress

J- Hogedon

Jim Hagedorn Member of Congress

Vicky Hartzler

Vicky Hartzler Member of Congress

John Katko Member of Congress

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Ann McLane Kuster Member of Congress

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Alan Lowenthal Member of Congress

Minhel I. M. Carl

Michael T. McCaul Member of Congress

Mul B. MIL

David B. McKinley, P.E. Member of Congress

Lisa Blunt Rochester Member of Congress

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Kim Schrier, M.D. Member of Congress

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Jason Smith Member of Congress

RW. Mall

Roger Marshall, M.D. Member of Congress

Betty McCollum Member of Congress

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Grace F. Napolitano Member of Congress

Tim Kyan

Tim Ryan Member of Congress

David Schweikert Member of Congress

Darren Soto Member of Congress

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Pete Stauber Member of Congress

Chris Stewart Member of Congress

David Trone Member of Congress

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Jerry McNerney Member of Congress

Bryan Steil Member of Congress

Steve Stivers Member of Congress

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Susan Wild Member of Congress